

ASK DR. JACQUIE

Answering questions on computerized Orthodontic Treatment, **INVISALIGN**



DR. JACQUELINE FULOP-GOODLING

Q. What is *INVISALIGN* and how does it work?

A. Invisalign is the invisible way to strengthen your teeth without braces.

An orthodontist can predict tooth movement using advanced 3-D computer imaging. Then, a series of clear plastic trays called aligners are made which move your teeth in small increments.

Q. Is *INVISALIGN* effective?

A. We have treated hundreds of patients with a wide range of malocclusions or "bad bites." Most of our patients either have teeth which are too crowded or have spaces between them. Some of our patients also had braces before and their teeth have relapsed.

Q. Can *INVISALIGN* work for teenagers or kids?

A. Yes, if your second molars, also known as your 12-year-old molars have fully erupted or come in.

Q. How long is orthodontic treatment with *INVISALIGN*?

A. The duration of treatment depends on the severity of your teeth, which determines the number of trays you will need. Your orthodontist will determine the length of time.

Q. How long must I wear each plastic tray or aligner?

A. Aligners should be worn at least 20-22 hours per day and a new one should be changed every 2 weeks or when your teeth have moved, for the best results.

Q How often will I have to go to my orthodontist for my *INVISALIGN* treatment?

A. Your orthodontist will give you a few aligners at a time so that you do not need to come to the office every 2 weeks. Usually your orthodontic appointments are between 6-12 weeks, depending on the stage of movement.

Q How much does *INVISALIGN* cost?

A. As with traditional braces, the cost will be based on the complexity of your teeth and the length of treatment. Also, If your dental insurance plan covers traditional braces, it will typically cover *INVISALIGN*.

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